



# PHYSICIANS MEDICAL FORUM

Dedicated to Encouraging Recruitment & Retention of African American Physicians

## Community Health Ambassadors Internship Program

### APPLICATION ANNOUNCEMENT

Community Health Ambassadors Internship Program (CHA) aimed to empower African American/Black students by preparing them to serve as ambassadors of health and wellness within their family and broader community. A community service learning program, students will engage in skill building and community health education projects, (mostly on weekends) over 5 weeks, with orientation tentatively Wednesday, April 17, 2019. For information on this program please visit [www.pmfmd.com](http://www.pmfmd.com).

The Community Health Ambassadors Program provides students interested in becoming a physician with the following:

- ❖ Skills sessions including preventative health topics particularly relevant to African American/Black and underserved minority communities
- ❖ Presentation skill building
- ❖ Critical thinking and team building
- ❖ Exciting and inspiring mentorship sessions with physicians/medical students and others
- ❖ The opportunity to create presentations on pertinent health topics
- ❖ Lectures related to Primary Care, surgery and other specialities
- ❖ Individualized planning for their path towards applying to medical school
- ❖ Student will receive a Community Health Ambassadors Certificate upon completion of the program

### Who Should Apply?

African American/Black students who are interested in becoming physicians, who are also post-baccalaureate, pre-meds, college/university students, community college students, and high school students are encouraged to apply.

*NOTE: Please apply early. Space is limited.*

### How Can You Apply?

Applications can be submitted in one of the following ways:

1. Email your application to [cha-program@pmfmd.com](mailto:cha-program@pmfmd.com)
2. Mail application to: Physicians Medical Forum  
Community Health Ambassadors Program  
Attn: Ugomma Eze and Dana Abdelqadir, Program Coordinators  
6114 La Salle Ave., #601, Oakland, CA 94611 (mailing address only)

### What is the Application Deadline?

Please make sure your application is completed and readable. Please make sure that phone numbers and email addresses are correct and legible. Applications will be available on-line at [www.pmfmd.com](http://www.pmfmd.com) and must be received no later than **Thursday, April 4, 2019 by 5:00 PM.**

### Notification of Acceptance

An email confirmation **will be sent only to** those students accepted into the program.

**IMPORTANT:** Students must reply immediately to this email confirming their attendance. Students will not be accepted into the program until this email confirmation is received. Thereafter, all future communications and next steps will be sent to students via email. Students should check their email frequently and follow-up promptly as indicated.

This program is supported by grants from  
Kaiser Permanente Northern California Community Benefit Programs and The California Wellness Foundation

**For more information or for questions, please visit [www.pmfmd.com](http://www.pmfmd.com)**



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## Community Health Ambassadors Internship Program

### PROGRAM APPLICATION

The Community Health Ambassadors (CHA) Program aims to empower African American/Black students by preparing them to serve as ambassadors of health and wellness within their family and community, while assisting them on their path towards becoming physicians.

A community service learning program, students will engage in skill building and community service projects over approximately 5 weeks (meetings will be held mostly on the weekends), with orientation tentatively on Wednesday, April 17, 2019.

Ambassadors will also receive information that will assist them in preparing for medical school, lectures about Primary Care, surgery, and other specialties from physicians, faculty or medical students. The program will conclude with the Ambassadors, working in teams, presenting a community health topic of their choice.

African American/Black pre-med/college/university, post-baccalaureate and high school students who want to become physicians may apply. Permission from parent/guardian is required for all high school students. Students will be accepted to CHA based upon their motivations for becoming a doctors and their commitment to serving minority communities. Students who complete the Doctors On Board Pipeline Program will have receive priority preference for this program.

**The application will be accepted no later than April 4, 2019 at 5:00 PM.**

#### PART 1

Name \_\_\_\_\_  
First Middle Last

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: Cell \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_

Email Address \_\_\_\_\_

Male  Female  LGBTQ Marital Status:  Single  Married  Divorced

Name of University/College/High School \_\_\_\_\_

Year in University/College/High School \_\_\_\_\_

Major \_\_\_\_\_ Minor \_\_\_\_\_ GPA 2017-2018 \_\_\_\_\_

Race/Ethnic Background:  African American/Black  other \_\_\_\_\_  
(Check all that apply) Please describe

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Note: If you are under 18 years old, please provide following info:

Parent Name \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell \_\_\_\_\_

Parent Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
(if different from yours)

Parent Email Address \_\_\_\_\_

## **PART 2**

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### **EXTRACURRICULAR ACTIVITIES, SERVICE ACTIVITIES AND VOLUNTEER EXPERIENCES –**

**Please list your extracurricular, volunteering, school activities and indicate offices held. Attach a separate page.**

## **PART 3**

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**PERSONAL NARRATIVE: Please provide a personal narrative and answer questions below (maximum 2 pages).**

1. Why do you want to become a physician?
2. Describe what helped you in deciding to want to become a physician.
3. What type of physician would you like to become and why?
4. Please briefly describe a community health service project you are interested in and why?  
(For example, bio-tech, pediatrics, infectious diseases, heart diseases/strokes, Sickle Cell Anemia, mental health & psychiatry, orthopedic, importance of diversity and inclusion among doctors)
5. Please list any tech skills and software program or other you know  
(For example, Excel, Power Point, Video editing, YouTube Channel set-up, good writer)

**Please return application by:**

**EMAIL** to [cha-program@pmfmd.com](mailto:cha-program@pmfmd.com)

**OR**

**MAIL** to Physicians Medical Forum

Community Health Ambassadors Internship Program

Attn: Ugomma Eze and Dana Abdelqadir, Program Coordinators

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